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Roll No.

IV Semester Examination, 2022

M.Sc.

BIOCHEMISTRY

Paper II

(Nutraceutical Biochemistry & Functional Food)

Time: 3 Hours] [Max. Marks: 80

Note: All questions are compulsory. Question Paper comprises of 3 sections. Section **A** is objective type/multiple choice questions with no internal choice. Section **B** is short answer type with internal choice. Section **C** is long answer type with internal choice.

SECTIONA

 $1 \times 8 = 8$

(Objective Type/Multiple Type Questions)

Choose the correct answer:

- **1.** The term Nutraceutical is coined by :
 - (a) John Miller
- (b) Robert H.
- (c) Stephan DeFelice (d) Gregar J. Medal
- **2.** Which one of the following is not a functional food?
 - (a) Dietary Fibre
 - (b) Probiotics

P.T.O.

- (c) Omega 3 polyunsaturated fatty acids
- (d) Pills or capsule of food as a part of everyday diets
- **3.** Health benefits of dietary filers are :
 - (a) Reduce blood cholesterol level
 - (b) Reduce blood sugar level
 - (c) Proper bowl movement
 - (d) All of the above
- **4.** Indian gooseberry is:
 - (a) Solanum xanthocarpum
 - (b) Triticum sativum
 - (c) Piper nigrum
 - (d) Phylanthus emblica
- **5.** Therapeutic activity of garlic is due to :
 - (a) Lignin
- (b) Bilobilin
- (c) Gingerol
- (d) Allicin
- **6.** Example of nutraceuticals are :
 - (a) Medicinal food
 - (b) Dietary supplements
 - (c) Functional food
 - (d) All of the above

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7. Water soluble vitamins includes:

(a) Carotinoids

(b) Vitamin D

(c) Ascorbic acid

(d) Vitamin K

8. Bark of Terminalia arjun is used for :

(a) Hypertension

(b) Diabetes

(c) Asthma

(d) None of these.

SECTION B

 $6 \times 4 = 24$

(Short Answer Type Questions)

Unit-I

1. With suitable example define the importance of ethnomedicine in India.

Or

Write the classification of nutraceuticals.

Unit-II

2. What is nutritional genomics?

Or

What is the importance of lycopene in human health?

Unit-III

3. List various nutraceuticals formulation used to treat hypoglycemia.

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P.T.O.

Or

Define special dietary needs.

Unit-IV

4. Write a note on prebiotics.

Or

With suitable example define inhibitors present in food.

SECTION C

 $12 \times 4 = 48$

(Long Answer Type Questions)

Unit-I

1. Write an essay on historical perspective and applied aspects of nutraceuticals in India.

Or

Describe the regulations to scrutinize nutraceuticals in India.

Unit-II

2. Write detailed notes on new technologies in development of nutraceuticals and functional food.

Or

Write an essay on nutraceuticals industry and market in India.

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Unit-III

3. Write an essay on nutraceuticals rich supplements and their importance in human health.

Or

Write an essay on disease and nutrition.

Unit-IV

4. What is nutritional status? How nutritional statuses of foods are accessed?

Or

Write an essay on recent advances in nutraceuticals.

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